

*Told many of you I would send this recipe so here it is. It is a Weight Watcher's Recipe. Very good. Change it up to suit your taste.*

**Taco Soup** from Karen Capshaw      Makes 12 Cups

1 lb ground beef (or ground turkey)

1 large onion, chopped

1 pkg Hidden Valley Ranch dressing mix

1 pkg Taco seasoning mix

Large jar of Randall's mixed beans in jar

2 cans stewed or diced tomatoes (or tomatoes and Chilies)

1 cup fresh corn from the freezer or canned

1 cup water or none if you want it thick

Brown meat and onions, drain. Mix Hidden Valley Ranch dressing mix and taco seasoning mix into meat.

Then, without draining, add all of the other ingredients.

Corn should be added closer to finishing time.

Simmer an hour.

Can be frozen for future meals.